



ZOË PALMER

P H Y S I O T H E R A P Y

PR No: 1106996 | PT 0132365

COMPANY PROFILE

About Zoë Palmer Physiotherapy

At Zoë Palmer Physiotherapy, our passion lies in the field of rehabilitation and adopting a holistic approach to patient care, with the ultimate goal of enhancing their overall quality of life. We are committed to providing comprehensive support to our patients at every stage of their healing and recovery journey. From the moment they enter our care, to the moment they regain their independence and functionality, our dedicated team is there every step of the way, minimizing the risk of injury complications and post-surgery complications.

For patients who have been admitted to hospital, we believe that the healing process extends beyond the hospital walls. That's why, upon discharge, we go the extra mile by offering tailored home programs that are specifically designed to meet each patient's unique needs. We also provide training to the patient's family and caregivers, ensuring they have the necessary knowledge and skills to support their loved one's recovery.





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But, our commitment doesn't end there.

But our commitment doesn't end there. We understand the importance of long-term success and sustainable outcomes. That's why we maintain regular follow-ups with our patients, focusing on personalized exercise progression to further enhance their functional abilities. Our primary objective is to ensure that our patients achieve the best possible functional outcomes and enjoy an improved quality of life.

To deliver exceptional care, we work within a multi-disciplinary team (MDT) which ensures that our patients receive comprehensive assessment and treatment tailored to their needs. We strive to empower our patients with the necessary tools and knowledge to effectively manage their condition.

At Zoë Palmer Physiotherapy, we are driven by our passion for rehabilitation and our unwavering commitment to holistic patient care.



Mission

Our mission is to empower individuals to regain their optimal functionality and enjoy an improved quality of life. With our dedicated team, and personalised treatment plans, we strive to be the leading physiotherapy practice that sets the standard for exceptional care and sustainable outcomes.

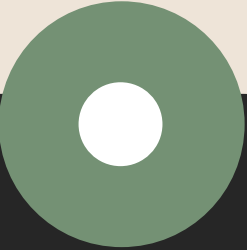
Vision

Our vision is to be recognised as the leading physiotherapy practice, known for our expertise, compassionate care, and commitment to achieving the best possible outcomes for our patients. We continuously strive for excellence in everything we do.

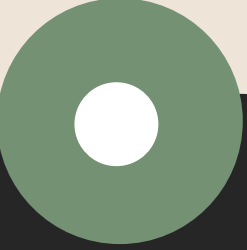
ZOË PALMER PHYSIOTHERAPY

Our Services

Join us at Zoë Palmer Physiotherapy and embark on a journey to improved well-being, independence, and a life without limitations. Together, we can achieve remarkable results and help you live your best life.




Neuro-
musculo-
skeletal
Assessment &
Treatment



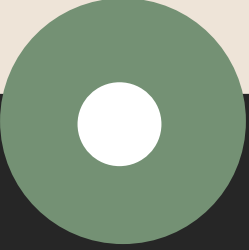
Pre & post-
operative
Rehabilitation



Sports
Injury
Rehabilitation



Cardio-
respiratory
Physiotherapy



Geriatric
Physiotherapy



Our Core Values

At Zoë Palmer Physiotherapy, our core values are not just words on a page—they are the driving force behind our commitment to providing exceptional care and helping our patients achieve their optimal health and wellness.

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1. Excellence: We are committed to delivering excellence in every aspect of our practice, from patient care to professional expertise. We strive to exceed expectations and provide the highest quality of service.

2. Compassion: We approach every patient with empathy and understanding, recognising their unique needs and goals. We provide a nurturing and supportive environment, fostering trust and collaboration.

3. Personalised Care: We believe in individualized treatment plans tailored to each patient's specific condition and circumstances. Our approach is centered around the unique needs and goals of each individual we serve.

4. Continuous Learning: We are dedicated to provide evidence-based practice. Our team engages in ongoing professional development to ensure we offer the latest evidence-based techniques and treatment modalities.

5. Integrity: We uphold the highest standards of professionalism, ethics, and integrity in all our interactions. We maintain confidentiality, respect patient autonomy, and prioritize patient well-being above all else.



ZOË PALMER
PHYSIOTHERAPY

Contact Us.

Send us your enquiry and we'll be sure to get back to you about your query.



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scan the QR code to
visit our website

